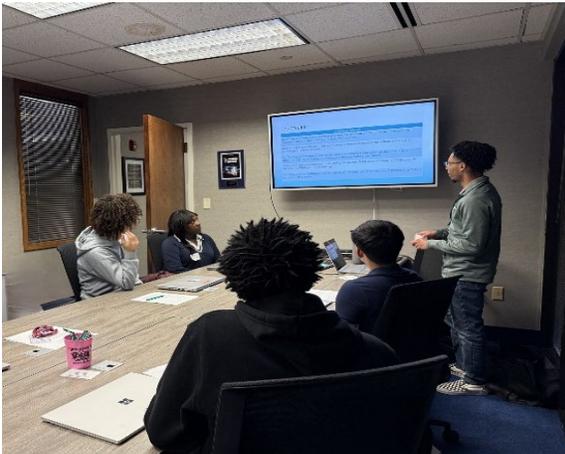


For immediate release

MI Technical Solutions Hosts Third Annual Job Shadowing Day with Chesapeake Public Schools



High school students from Chesapeake Public Schools visit MITS for a Job Shadowing Day

Chesapeake, VA, February 26, 2026 - MI Technical Solutions (MITS) was proud to host its Third Annual Job Shadowing Day with Chesapeake Public Schools. Five high school students selected our company to spend the day shadowing various departments within our Chesapeake locations.

The students participated in an event-filled day that included discussions about social engineering, Machine Learning (ML), career planning, software development, Risk Management Framework (RMF), 3D modeling, and laser printing. They had hands-on experience with laser engraving materials they designed. The five students played a Cybersecurity Go Fish which enabled them to strategically think on what is considered safe and risky when reading the prompt on the card. Furthermore, MITS held a panel discussion with recent college graduates' employees to provide additional insights and advice on tailoring your career path while attending college. Some topics discussed were obtaining certifications, applying and participating in internships, selecting majors/minors, completing projects, building resumes, networking, and interviewing tips for Information Technology (IT) professionals.

MITS is committed to its support of Hampton Roads community events specifically for high school and college level students. Our company values the next generation of professional leaders who are interested in building a career path within the IT industry. We are grateful to partner with Chesapeake Public Schools to be a part of their Job Shadowing Day for the third time! We look forward to hosting it in 2027!

For internship opportunities, please email: resumes@mitechnicalsolutions.com.



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